COMMUNITY
ACTION REPORT

QUARTERLY NEWSLETTER
April - June 2021

ABOUT US
Youth for Seva (YFS), founded in April 2007, is a nation-wide volunteering movement that inspires youth to volunteer, and provides them with meaningful opportunities to serve the community.

VALUES
Nation first, pluralism, integrity, respect, innovation.

FOCUS AREAS
- Education
- Health
- Environment
- Livelihood

IMPACT
- Education: 653
- Health: 391
- Environment: 485
- Livelihood: 53
- Corporate: 271
- Others*: 1,372

*Other Activities
- Activities at partner NGOs, Namami Priya, Jeevika Priya, Mutlu Akil, clothes distribution to the needy, water cloth, & blanket distribution, Ratan ki & Food distributions, Flag hoisting, Republic day celebration, Khelo Kunj at Kanpur Mela, Holi Puja, Blood donors directory creation & Slum visit.

Coimbatore
Chennai
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kollam
Kol
At the beginning of April we were faced with multiple challenges with the rise of the second wave of COVID. We saw our countrymen suffering and at the same time we saw thousands of people joining hands to help people. The effort and courage of the volunteers, sponsors and donors helped us in overcoming these challenges and come out stronger. Due to the astounding support, we have been able to touch over 5 Lakh people across India. With the motto of ‘सेवा परमो धमः’ we braved all the obstacles. We proudly present to you the activities and stories of this quarter: April - June 2021.

**Overcoming Adversity**

**COVID WAR ROOM**

In association with the Government of Karnataka, YFS and Doctors for Seva (DFS) volunteers took charge of the teleconsultation for COVID patients in Mysuru. There was a massive influx of calls and the patients required support immediately. In this situation of urgency, our volunteers brought relief to the people on the other side of the call.

**TELECONSULTATION**

Our team of Doctor volunteers started counselling patients in partnership with StepOne and started consulting people across the country. These consultations helped in calming the patients down and providing medical help on time.

---

**COVID-19 2nd Wave Activity Report**

APRIL - JUNE 2021

- **Vaccinations Done**: 42,700
- **Grocery Kit Beneficiaries**: 2,441
- **Meals Served**: 1,52,142
- **Oxygen Concentrators**: 175
- **COVID Home Care Kits**: 32,205
- **Blood & Plasma Donations**: 2,784
- **Patient Support Through COVID Isolation Centers**: 1,612
- **COVID Awareness & Prevention**: 40,021
- **Medical Support**: 6,731
- **PPE Kits Distributed**: 1,125
- **Masks & Faceshield Distributed**: 1,40,987
- **COVID Helpline**: 96,018
- **People Served**: 5,18,941
- **Volunteers**: 7,587
- **Fulltimers**: 40+
- **Collaboration**: 26
- **Cities**: 25+

To help those affected by the COVID disruption, you can donate to our Aalamban project:

www.youthforseva.org/VC-Aalamban

TAX EXEMPTED: 80G & FCRA REGISTERED
HOME CARE KITS

During this time of difficulty, we took up the mission to assist people from marginalized communities of our country with COVID-specific homecare kits. These kits came as a blessing as it enabled isolating and treating mild symptoms at home, and contained all the necessary medicines, thermometer and pulse oximeter.

I joined YFS as a volunteer two years ago. During COVID we were involved in several activities and I personally felt the most connected to Home Care kits. I got the opportunity to help people and know that they were recovering. I was making follow-up calls as well. I thank Youth For Seva for giving me a chance to be a part of this meaningful project.

Yashwanth Gowda, Volunteer, Mysuru

Our volunteers at DFS, were the backbone for all our activities. From teleconsultation to multiple awareness sessions they took charge and provided medical assistance throughout the pandemic. They were instrumental in conducting Blood donation camps, spreading awareness for vaccinations and guiding patients on safety measures.

Our doctors have worked passionately to help citizens through teleconsultations and spent the majority of their day consulting hundreds of patients per day free of cost. Through webinars they were able to reach more than 150 people per session and conducted virtual health camps.

Volunteering is my passion, Giving is always a joy. 'Tan', 'Mann', and 'Dhan'. I truly feel it is my duty as a doctor to show the exit path of the Pandemic (and) take my nation out of it as safely and as early as possible. I am very grateful to YFS /DFS for volunteering opportunities and the freedom given to us, our ideas are always welcomed.

Dr Jyothi Lakshmi, President, Doctors for Seva
As isolation at home was challenging for rural households with limited availability of resources and absence of caretakers. We supported isolation centres that can take care of 60 - 80 patients, with a few oxygen beds and have an Ambulance facility. Patients were given healthy meals and were treated warmly by the staff members. Activities such as Yoga and Bhajans were conducted to heal them spiritually. Our medical professionals were on duty 24 hrs and we also had visiting consultants.

OXYGEN CONCENTRATORS
The hospitals in rural areas had a shortage of oxygen concentrators. With the help of partner organizations, we were able to set up 175 oxygen concentrators in government & trust-run hospitals across Karnataka. These hospitals had general as well as oxygen beds for patients.

ISOLATION CENTRES
During the lockdown, YFS extended its support to frontline workers in hospitals across Bengaluru through the Annadan project in association with partner organisations.

ANNADAAN
During the lockdown, YFS extended its support to frontline workers in hospitals across Bengaluru through the Annadan project in association with partner organisations.

(Annadan: May 01st - May 31st, 2021)

<table>
<thead>
<tr>
<th>Days</th>
<th>Hospitals</th>
<th>Volunteers</th>
</tr>
</thead>
<tbody>
<tr>
<td>31</td>
<td>49</td>
<td>35</td>
</tr>
</tbody>
</table>

1,39,500 Hot Meals Served
4,500 Avg. Meals/Day

Supplied hot meals twice a day to Nurses, Cleaning & Security Staff across Bangalore Hospitals

WATCH VIDEO
A major impact of the COVID disruption was on low income families and migrant labourers. With the lockdown their daily income was stifled and in this heart wrenching situation, our volunteers identified the areas where these daily earners and underprivileged people were stranded and distributed grocery kits and cooked meals to them.

The pandemic not only disrupted the present but also damaged the prospect of the future for many. Some families suffered unexplainable loss: The loss of their loved ones. With extreme grief and a financial barrier towards a safe future. Through Project Aalamban we seek to help families in distress and give them hope of a new beginning. We will be extending Emotional, Spiritual, and Financial help for their overall recovery through trained grief counsellors, Satsang and scholarships for education of the children.

‘Surya Namaskar for Life’ was a mega event conducted on the occasion of International Yoga Day, to aid the fundraising for the Aalamban project. We invited people across the world to participate by practicing Suryanamaskars online. Every set of Suryanamaskar contributed Rs. 10. We received massive support from Yog guru Swami Ramdev, Famous Sandalwood celebrities like Puneeth Rajkumar and Pranitha Subhash, and Youth leader Mr. Tejasvi Surya (MP South Bangalore) which culminated into a successful event.
As the lockdown persisted, the spirit of volunteering became stronger. The activities were quickly adapted to the online mode and multiple sessions were conducted to help raise awareness, coach students, answer health-related queries and orientations for fund-raising activities. Our regular activities were conducted with extreme precaution and we were able to reach people through our focus areas as follows:

**EDUCATION**

We conducted activities with continued focus (both virtual and offline) across the country. Classes were conducted on Basic Math, Spoken English, Skill Development, career guidance and in Abhiyasikas as well. Vidya Mitra classes were conducted for the SSLC students to increase their confidence. NMMS coaching across the country was conducted which brought about exceptional results for the students.

*Community Partners: Online: 6100, On ground: 2848*
### ENVIRONMENT

**Community Partners:** 2,251  
**Volunteers:** 485

<table>
<thead>
<tr>
<th>Program</th>
<th>Community Partners</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sapling Plantation</td>
<td>28,800 Saplings</td>
</tr>
<tr>
<td>Feeding Animals / Birds</td>
<td>64 Volunteers</td>
</tr>
<tr>
<td>Others</td>
<td>198 Volunteers</td>
</tr>
</tbody>
</table>

**Other activities:**  
Rain water harvesting pit, Competition related to Environment organised for students, Diya paintings and Greetings, Weekend Farming, Save Bird Earth Day, Swachhta Abhiyan.

On the occasion of World Environment Day we conducted multiple plantation drives, sapling plantations and competitions for students. We facilitated sessions on water for birds, weekend farming, and rain water harvesting. Earth day was celebrated with enthusiasm and we continued our efforts towards Swachhta Abhiyan.

### HEALTH

**Community Partners:** 1,062  
**Volunteers:** 391

<table>
<thead>
<tr>
<th>Program</th>
<th>Community Partners</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Awareness Sessions for Rural Women</td>
<td>280</td>
</tr>
<tr>
<td>Blood Donation Camps Camp</td>
<td>199</td>
</tr>
<tr>
<td>Complementary Feeding day: Family foods for Breastfed Children</td>
<td>121</td>
</tr>
<tr>
<td>Others Activities*</td>
<td>462</td>
</tr>
</tbody>
</table>

**Other Activities:** Health Awareness, Telemedicine, Menstrual Hygiene, Health Camps

Health was prioritized during this quarter through multiple sessions to increase awareness, Blood donation camps, Telemedicine, Yoga classes, Plasma donation, Blood requirement filling and Netra Kumbha across the country.
Major initiatives like *ESMP - Employability Skills Mentorship Program, Aipan art training and Youth Parliament sessions were taken across the chapter to create opportunities for people.

Corporate Sponsored Projects

We received unwavering support from our corporate sponsors for our activities. With their help we were able to set up COVID-19 Isolation centers across 12 rural districts of Karnataka, distribute Home Care kits across the country and initiate the Aalamban project.
Regional Roundup

BENGALURU

Regular classes were taken for Spoken English, basic math and Vidya Mitra. Sessions were conducted on Health awareness and Water for birds. Blood donation, Telemedication and plantations for Environment Day were undertaken.

HYDERABAD

Activities undertaken in this chapter were: Classes on Spoken English, career guidance and Bird feeder. Activities such as Narayanpatra, Diya painting, Blood requirements filling, weekend farming, Rain water harvesting pit, slum visit and summer camp. Sessions on teaching in schools and Menstrual hygiene.

NORTH REGION

In the chapters of Noida, Bhopal and Dehradun, Classes for NMMS, Spoken English and Yoga were conducted. Aipan art training, ESMP and Youth parliament training was facilitated. Netra kumbha, celebration of Navoudit and Sapling plantation were organized.

DELHI

The initiatives taken in this chapter were: Education to inspire, Narayanpatra, Online teaching, Plasma donor, Spoken English classes and Summer camp.

EAST REGION

In the chapters of Odisha, Visakhapatnam, Vijayawada, Kalwakutty, Warangal, Nalgonda multiple activities were conducted. World Health Day and International Yoga Day were celebrated. Save Bird sessions, Earth Day event, Blood donation, Suryathon, Scribe engagement, Plantation drives, Health camps and Abhyasika classes were other activities that were arranged.
In the chapters of Hubli, Sirsi, Vijayapura, Belagavi, Tumkur, Mysore, Mandya numerous activities were facilitated. Online activities such as Vidya Mitra coaching, Water for birds session, Career Guidance and Skill development. Activities were conducted for Swachata Abhiyana, Sapling plantation, Blood donation, Laghu udyog Bharathi and Musti Akki Abhiyana. International Yoga Day and World Environment Day were celebrated.

Note of Gratitude

We are eternally grateful to our volunteers who have travelled thousands of kilometers across the country, selflessly helped others and made a huge impact in the lives of lakhs of people. Our sponsors have been by our side through the highs and lows. We received unconditional support that strengthened us to continuously move forward. Our partners have walked the path of Seva with us passionately and made volunteerism possible. We had the opportunity to connect with different partners at different steps of the activities and it would not have been possible without their generous support. We would like to take this opportunity to thank all of them!

Volunteer Spotlight

SANDEEP

Sandeep is our volunteer who comes from Rani Pokhari in Dehradun. During the Pandemic he witnessed the widespread suffering caused due to the lack of adequate resources. He was engaged in distributing Home Care kits and tried identifying families in the outskirts who might not have the access to essential medicines. He actively took part in awareness programs and mask distribution to keep his community safe. He feels content when he can help someone. He says that in difficult times people generally tend to withdraw but it is very important to find a solution and help people who cannot protect themselves.
Every act of kindness deserves appreciation. The hard work and dedication of our volunteers were documented by multiple news publications across the country.
VOLUNTEERING OPPORTUNITIES

Youth for Seva has designed several volunteering models to enable individuals get involved in the community despite their time constraints. Volunteering is made easy as it caters to the individual's interests and convenience w.r.t. time availability and location.

**Weekday Volunteering**
- Volunteer when you can!

**Weekend Volunteering**
- Volunteer everyday for one month or more

**Seva Internship**
- Volunteer everyday for six months or more

**Seva Fellowship**
- Volunteer everyday for six months or more

**Virtual Volunteering**
- Skill based online volunteering

---

**Way Forward**

**Vaccination Drives**

Vaccination is the key to ensure that we are prepared to take on challenges of the future. We have been supporting vaccination drives during the second wave and will actively pursue multiple partnerships to conduct large scale drives across the country.

**Aalamban**

We need to look at social rehabilitation to avoid generational impact due to COVID. This is the vision that gave birth to Project Aalamban. As the PM CARES fund will support the education for children who have lost both their parents, we wish to support the children who have lost one of their parents and lost the bread winner.

**You can help us by:**
- Referring a child in need of financial support
- Becoming a sponsor
- Donating as much as you can
- Helping us in need-basis analysis
- Spreading the word about Project Aalamban

It is crucial for all of us to help our fellow humans however we can during their time of distress. There is no greater deed than helping someone during their time of need.

---

**VOLUNTEERING OPPORTUNITIES**

Youth for Seva has designed several volunteering models to enable individuals get involved in the community despite their time constraints. Volunteering is made easy as it caters to the individual's interests and convenience w.r.t. time availability and location.

**Weekday Volunteering**
- Volunteer when you can!

**Weekend Volunteering**
- Volunteer everyday for one month or more

**Seva Internship**
- Volunteer everyday for six months or more

**Seva Fellowship**
- Volunteer everyday for six months or more

**Virtual Volunteering**
- Skill based online volunteering

---

**Register**